

HOME OPTIONS

Pro Seniors, Inc. is a non-profit organization staffed with state certified long-term care ombudsmen who can help you understand your options and connect you to resources to help meet long-term care needs.

Whether you are choosing a long-term care home for the first time, moving from a facility where you currently live, or looking to solve a problem for a loved one living in a home, a long-term care ombudsman can help. Our services are free to Ohio residents.

Our Service is Unbiased and Free

As a non-profit, we do not make provider-specific recommendations, and we do not receive outside compensation for our advice.



**Long-Term Care
Ombudsman**

Advocates for Excellence in Your Care

HOME OPTIONS

This pamphlet has been developed with Ohio's Office of the State Long-Term Care Ombudsman Ohio Department of Aging
www.ombudsman.ohio.gov



Contact Your Local
Long-Term Care Ombudsman
Pro Seniors, Inc.
513-458-5518



SELECTION ASSISTANCE

*Your Long-Term Care Ombudsman
Can Help*

Call: (513) 458.5518 / Toll-free: (800) 488.6070
Fax: (513) 621.5613 / TDD: (513) 345.4160

www.proseniors.org



It is a stressful time when the condition and needs of you or a loved one changes. Home Options can give answers to very complicated questions:



What type of Long-Term Care (LTC) provider should I consider?



How do I pay for it?



How do I get good care after I choose a LTC provider?



What rights do I have?

DO I NEED A NURSING HOME?

Nursing home, assisted living or home-based care? We will help you understand the Activities for Daily Living (ADLs) and the assessment process so that you're comfortable about the level of care you are choosing.

As you search for a LTC home, we will help you recognize signs of quality care, understand staff responsibilities, and what to look for in an admission agreement.

HOW WILL I PAY FOR MY CARE?

There are a variety of public and private payment systems for long-term care services in Ohio. The Home Options ombudsman will explain long-term care payment options and, if needed, refer you to a legal helpline for a free consultation about your specific situation.

IT'S MOVING DAY, WHAT SHOULD I EXPECT?

We'll help you understand what to expect in the early days of living in long-term care facility. Clean room, friendly greeting and staff introductions are just a beginning. Medications and medical records should be promptly transferred, followed by a baseline assessment, then a comprehensive assessment and a written care plan.

LTC CONSUMERS HAVE RIGHTS

Living in a long-term care facility means you have rights and we will provide education on what those rights are and what to do if you're not getting the quality of care, quality of life and the person-centered care you deserve.

